Transcript

Title: The Future of Dietetics Creator: Swinburne University of Technology Year: 2019

Audio/video for this transcript available from: https://youtu.be/ w oz87Was4

SOPHIE: Hi I'm Sophie

ZELIHA: My name is Zeliha

CHLOE: Hi my name is Chloe, and I study the Master of Dietetics at Swinburne

WHY SWINBURNE

SOPHIE: It focuses on the food industry side of things.

CHLOE: It's brand new and it's catered for what the skills of dietitians need.

ZELIHA: It's very innovative.

CHLOE: The staff are just amazing, it's a smaller group of students and it's very interactive.

SOPHIE: Straight away we're out learning everything that we need to know.

SPACE TO CREATE

ZELIHA: Mainly the kitchen, I really enjoy working in the kitchen. We've had times where we worked like a MasterChef kind of a situation.

CHLOE: The client simulation rooms downstairs. Actors up the front and give us the experience with them, and then the class watches as we participate.

SOPHIE: It is real-life stuff, you've got a got a patient in there and you can do mock consults.

EDUCATORS WHO CARE

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CHLOE: They're unbelievably supportive, very experienced and there to help us.

SOPHIE: They understand where we're coming from and where we are at. They can sit down with you if you need more time to do something it is okay and they don't expect you to know everything.

CHLOE: Being part of a small group gives us an easier way to gain access to the teachers.



SWINBURNE UNIVERSITY OF TECHNOLOGY

INDUSTRY CONNECTIONS

CHLOE: We've really loved all the industry professionals that have come in to speak to us. We've had Richmond dieticians and Hawthorn Football Club dieticians.

ZELIHA: Fiona Sutherland the founder of The Mindful Dietitian.

CHLOE: Diana from Fonterra Dairy she was really really great.

SOPHIE: My favorite guest speaker was focusing on the non-diet approach of Dietetics, which really is where the future of Dietetics is heading.

REAL-WORLD READY

CHLOE: So a huge part of the course is to make sure that we can develop our own art of Dietetics that we'll put into practice ourselves.

SOPHIE: The assessment tasks are directly what we would be doing as dietitians.

CHLOE: It's not a one-size-fits-all approach to Dietetics it's us figuring out the art of Dietetics that fits with us and what we want to practice.

SOPHIE: So I think the most amazing part of my Swinburne experience is actually the relationships I've made it's really helped me grow as a person and be a little bit more confident in myself and where I'm heading in the future as a dietician.

[END OF TRANSCRIPT]