Transcript

Title: National Telehealth Counselling and Support Service

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Audio/video for this transcript available from: http://commons.swinburne.edu.au



SUNIL BHAR: The impact of COVID-19 on the aged care community has been significant. Here at The Wellbeing clinic for Older Adults, we are offering a telehealth service to provide emotional support during this challenging period.

MARK SILVER: You can receive this service if you are an aged care resident. You can also receive this service if you are a family member or staff and would like support in caring for a resident.

SUNIL BHAR: Our counsellors are provisionally registered psychologists, counselling post-graduates and social work interns, all of whom are supervised by experienced practitioners.

MARK SILVER: Once you contact us we'll connect you to one of our counsellors who can stay in touch with you over the next few weeks or months by phone or video chats and provide you with ongoing support and counselling. So please feel free to contact us.

SUNIL BHAR: We are here to support you and to help you talk through your worries and concerns. You can refer yourself or others. To learn more about the service, please visit our website. Stay safe and talk soon.

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